

**Rotary**  
Club of Cranbourne

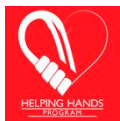


# Helping Hands Project



*Give us a Hand  
to Build a Hand*

Your Rotary contacts are Gerard Sadler or Paul Rice  
Email [cranbournerotaryclub@gmail.com](mailto:cranbournerotaryclub@gmail.com)  
for more details search [helpinghandsprogram.com.au](http://helpinghandsprogram.com.au)



# Helping Hands Project

*You can change lives  
with this Team Building Activity*

How does it work?

The Helping Hands Program is a truly unique opportunity for organisations to get involved with a worthwhile cause at the same time as super-charging employee engagement.

More than just a team building or training activity, participants in our programs build prosthetic hands that are then donated to amputee landmine victims throughout the developing world. The activity empowers every participant in just a few hours to make a real and lasting contribution and in doing so reminds people what it feels like to be engaged in a truly purposeful activity.



for more details search [helpinghandsprogram.com.au](http://helpinghandsprogram.com.au)



# Helping Hands Project

*This is your invitation to participate in this  
Life Changing Team Building Activity*

One table for 3 - 5 people to build one hand \$700

Still want to contribute but can't put a team together?

You can sponsor a school team or give a donation.

## *Where and When?*

Balla Balla Community Centre Unit 7/9 Selandra Blvd, Clyde North

Saturday 11th May 2024, Time 10am - 2pm

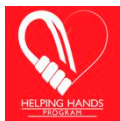
Lunch & Refreshments Included

Please fill out the participation form included,  
scan & email back to [cranbournerotaryclub@gmail.com](mailto:cranbournerotaryclub@gmail.com)

RSVP 8th April



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# Helping Hands Project

## Activity Kick Off

At the start of the activity, participants are provided with a bag of parts and an instruction manual. They typically feel a little overwhelmed and might even be a little cynical.

THEN, we show a video which reveals the true purpose of the activity and helps everyone connect with it on a deeper level. Participants all of a sudden realise that if they work well together, they will literally be changing someone's life on the other side of the world..... At this point, you can normally feel the energy in the room as people begin to tackle the task at hand!

In groups of 3, 4 or 5 the teams then go about building the hands. There are detailed instructions provided, so all groups are set up for success. As an added challenge, normally participants bind one of their hands during the build process to further remind them of why they are doing the activity. Often individual participants will take on unique roles within the team and, as with any team, there will be interesting team dynamics that emerge to debrief at the end of the activity.

## Decoration of the packaging

Each hand is put into a container which has been uniquely decorated by participants. This is a critical component of the activity. Some people will feel overwhelmed by the responsibility of building a hand and will prefer to use their artistic skills during the exercise. BUT it's way more than just an outlet for those of us that are more artistic than others... It's the artwork component of the activity that helps the recipient understand that this is a gift of love from one person to another.





Helping Hands Project

**Rotary**  
Club of Cranbourne



# Participation Form

Organisation: \_\_\_\_\_

Your Contact Details:

Ph: \_\_\_\_\_ Email: \_\_\_\_\_

Names of Participants:

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No. of Teams  
(3 - 5 people per team)

\$700

\$1400

\$2100

more teams

\$

Circle your preference

Still want to contribute but can't put a team together?

You can sponsor a school team or give a donation.

Sponsor a school team  \$

Donation  \$

Banking Details, Reference: 'Helping Hands' BSB: 633 000 Account: 118592542

Scan this form & email back to [cranbournerotaryclub@gmail.com](mailto:cranbournerotaryclub@gmail.com) RSVP 8th April