



Balla Balla
community centre

Program Guide

Term 2: 20 April to 26 June 2026



Balla Balla Community Centre
7-9 Selandra Blvd, Clyde North VIC 3978
www.ballaballa.com.au

About Balla Balla

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Facebook and
Instagram*

About Balla Balla



Balla Balla Community Centre aims to provide a positive friendly environment, where we listen to and support people. Our activities connect and strengthen the community to move forward through learning.

Everyone is welcome at the Centre, so please come in and talk to our friendly staff and volunteers to find out what programs and activities we offer, and find out how you might get involved.

Office Hours

Monday to Friday 9.00am - 3.00pm
(Excluding Public Holidays)

Contact Us

-  5990 0900
-  admin@ballaballa.com.au
-  www.ballaballa.com.au
-  [7-9 Selandra Blvd, Clyde North](#) 
-  facebook.com/ballaballacommunitycentre
-  instagram.com/ballaballacommunitycentre

Balla Balla Community Centre acknowledges the Traditional Owners and Custodians of the land, the Bunurong/Boonwurrung people, and pays respect to their Elders, past, present, and future, recognising their enduring connection to the land. Balla Balla Community Centre is committed to Child Safety and has zero tolerance for child abuse.

We want all children and young people to be safe, happy and empowered.

Balla Balla Community Centre Inc. is supported by the City of Casey and the Victorian State Government. We are a proud member of Casey Connect and Learn.



Enrolment Info

How to Enrol

- QR Code:** Scan or click on QR code to book
- In Person:** Visit the Community Centre
- Phone:** 5990 0900 (Payment via EFTPOS)
- Online:** www.ballaballa.com.au/programs
- Email:** admin@ballaballa.com.au



[Browse All Programs](#)

Book early to avoid disappointment for all our programs and events.

Membership Fee

Balla Balla Community Centre is an Incorporated Association. All participants involved in programs/activities are required to be members of the Centre.

General membership.....\$8 per person

Playgroup membership.....\$10 per family

These Annual Memberships assist with the day-to-day running costs of the Centre and are non-refundable. For membership enquiries, phone us on 5990 0900.

Course Fees

Full course fees are due when enrolling. Please contact the Program Coordinator if you are experiencing financial hardship or disadvantage and wish to join any programs that we are offering. No refunds or discounts for missed classes.

Cancellations

The Centre may at times cancel a class if the minimum class numbers are not achieved. If this occurs, you will be contacted in advance, and all fees paid will be refunded.

Scan or click on the QR code next to the program for easy online booking!

Community Events



Australia's Biggest Morning Tea

Biggest Morning Tea

It is on again! Get your friends, family, colleagues or community together and have a great morning with delicious morning tea and games.

Help raise funds for much needed cancer research. Bring along your small change for our great raffles.

Book early to avoid disappointment.

Proceeds donated to the Cancer Council.

Tuesday 26th May

10.00am - 12.00pm

\$15.00



Help us raise funds for much needed cancer research.

NEIGHBOURHOOD

HOUSE WEEK

11-17 MAY 2026



Neighbourhood House Week 11 - 17 May 2026

Come and try one of these activities during Neighbourhood House Week.

Move at your own pace, chat with our team, and get a taste of what it's like to be part of a Neighbourhood House community. Come for 10 minutes or settle in and stay for the whole session—your choice.

No experience needed, no bookings required.

Men's Discussion Group

Tuesday 12th May

9.30am - 11.30am

\$5.00

BYO Craft

Thursday 14th May

10.00am - 11.30am

Free

Women's Social Circle

Thursdays 14th May

1.30pm - 2.30pm

Free



What's New

Living at Home Longer

Looking for aged care support?

Join our monthly Living at Home Longer drop-in sessions at Balla Balla Community Centre!

Get help navigating My Aged Care, ask questions, and receive personalised guidance.

Everyone is welcome, including those who may need additional support.

Make an appointment via the [QR](#) code.

Tuesdays 10.00am - 12.00pm

28th April, 26th May and 23rd June
FREE



Share the Harvest

Got more fresh produce than you can use? We'd love to help put it to good use!

If you have excess home-grown fruit, vegetables, or herbs, please consider donating them.

Your surplus can help provide fresh, healthy food to people in our community instead of going to waste.



Wiser Driving Program

City of Casey's FREE 4-week Wiser Driver education program

Stay safe, confident, and informed on the road. The Wiser Driver Program is a free, four-week course designed for older drivers who want to update their knowledge—not take a test.

Learn about changing road rules, car safety features, and how aging can impact driving. Join relaxed, classroom-style sessions with others in your community.

No driving required. Just practical info, discussions, and useful resources to help you stay on the road safely and independently.

Bookings essential.

Tuesdays 1.30pm - 3.30pm

Starting 1st June for 4 weeks
No session 8th June
FREE



Annual General Meeting

Join us for our Annual General Meeting as we celebrate our achievements and look ahead together.

Monday 27th April

4.30pm - 6.00pm
Free



Education & Employment

Conversational English

Improve your confidence in reading, writing and speaking English in this small friendly class during school terms.

This course is Learn Local endorsed and delivered in partnership with Foundation Learning Centre.

Mondays 10.30am - 12.30pm

Starting 20th April
for 9 weeks
\$5.00



Tuesdays 11.30am - 1.30pm

Starting 21st April
for 10 weeks
\$5.00



Children & Youth



Facilitated Playgroup

0-5 years

Balla Balla Playgroup is led by an Early Learning Educator and each week presents a new, engaging learning opportunity, including craft activities, singing and dancing, sensory play, story time and more. A great group for you to meet and form friendships with others in the community.

Suitable for ages up to 5 years old.

Thursdays 9.30am -11.00am

Starting 23rd April
for 10 weeks
\$60.00



Children & Youth

Children's Cooking – School Holiday Fun!

8-12 years

A creative and tasty session where kids cook, learn, and have fun!

Get hands-on in the kitchen these school holidays! Kids will learn simple, healthy cooking skills while making their own delicious food.

In this fun workshop, children will prepare Sushi Rolls, Feta and Spinach Cups, and a Fruit Pancake Tray Bake. They'll learn about healthy ingredients, basic food preparation, and enjoy tasting what they make.

Bring: 3 containers and apron

This program will include ingredients containing gluten, dairy and eggs.

Monday 13th April

10.30am - 12.30pm

\$5.00



Children's Art – School Holiday Fun!

6-12 years

Led by a qualified art teacher, this creative program helps kids grow in confidence while having fun with painting, printing, mixed media, colour theory and more.

All materials provided – just bring your imagination!

Tuesday 7th April

10.30am - 11.45am

\$15.00



Tuesday 14th April

10.30am - 11.45am

\$15.00



Health & Wellbeing

Pilates

Do you want to improve your posture, increase your core strength, increase your energy, improve your flexibility and mobility and decrease stress? If you answer yes to any of these questions please join us on your mat for Pilates. Pilates focuses on increasing core strength and tone of abdominal muscles, lower back, hips and buttocks. Wear loose, comfortable clothing. Bring your own mat.

Mondays 6.30pm - 7.15pm

Starting 20th April

for 9 weeks

No session 8th June

\$90.00



Wednesdays 2.00pm - 2.45pm

Starting 29th April

for 10 weeks

\$100.00



Meditation: Mindful, Creative Journey Workshops

Celebrating Winter Solstice

Gentle guided sessions combining mindfulness and creative exploration. Through reflection, imagination, and simple expressive activities such as words, movement, or drawing, participants are supported to build awareness and wellbeing in a safe, respectful space.

Mondays 7.00pm - 8.30pm

15th June and 22nd June

\$30.00



Mindfulness Meditation and Compassion for Profound Self-care and Insight

Discover the benefits of mindfulness meditation and compassion in this welcoming class. Learn practical techniques to support self-care, presence, and everyday wellbeing, with guided meditation included.

This term, we'll explore the five common obstacles to meditation and simple tools to cultivate greater peace and ease.

Mondays 7.00pm - 8.00pm

Starting 20th April

for 6 weeks

\$60.00



Walking Group

Walk & Talk is a free weekly walking group that meets at Balla Balla. Enjoy great self-paced walks, meet new people in your area and get fit. Stay on after to enjoy a coffee and a chat. Bring along a water bottle and jacket.

Tuesdays 9.30am - 11.00am

During school terms

Free



Yoga

Experience gentle exercises, breath mastery, and meditation. Discover a healthier you: lower blood pressure, boost posture, and enhance circulation. Embrace the journey to improved wellbeing with yoga.

Bring your own blanket and yoga mat

Thursdays 5.30pm - 6.45pm

Starting 23rd April
for 10 weeks
\$100.00



Thursdays 7.00pm – 8.15pm

Starting 23rd April
for 10 weeks
\$100.00



Tai Chi

A gentle, low-energy exercise that strengthens and conditions the body.

Our social beginners class will gently introduce you to the Tai Chi movement. Wear loose, comfortable clothing and runners.

Beginners

Wednesdays 11.30am - 12.30pm

Starting 22nd April
for 10 weeks
\$80.00



Intermediate

Wednesdays 9.30am - 11.00am

Starting 22nd April
for 10 weeks
\$90.00



Strength & Stretch Training – Living Longer, Living Stronger

Guided by a Casey RACE qualified instructor – each session you will go through seated and standing exercises to help improve overall strength, endurance and core strength, using body weight, exercises and resistance bands. Develop balance, flexibility and coordination and assistance in activities for everyday life. Great opportunity to meet new people.

Bring: drink bottle & hand weights (limited available at centre)

Mondays 1.00pm - 2.00pm

Starting 20th April
for 9 weeks
\$54.00



Mondays 2.15pm - 3.00pm

Starting 20th April
for 9 weeks
\$50.00



Wednesdays 1.00pm - 2.00pm

Starting 22nd April
for 10 weeks
\$60.00



Zumba

This class is guided by a qualified Zumba instructor. Have fun and get fit at the same time. Do you want to de-stress, improve your co-ordination, boost your heart health and meet others wanting to improve their fitness levels? Zumba is aimed at all ages and fitness levels.

Tuesdays 6.00pm – 6.45pm

Starting 21st April
for 10 weeks
\$75.00



The Arts



Knitters & Natters

Come and join this social group to knit or crochet in a friendly space. Meet some fellow knitters for a chat and a cuppa, while making a real difference in a practical way for our community. All items are donated to local support services for those in the community who are experiencing tough times.

Wednesdays 1.00pm - 3.00pm

Starting 22nd April

for 10 weeks

FREE



Art

Do you want to unleash your inner artist but don't know how to begin? Let local artist, Payam teach you the basic skills and learn all the techniques you require for Watercolour painting or Drawing. You will be taught methods and approaches to assist you to express your artistic side.

Materials list will be provided

Wednesdays 5.00pm - 7.00pm

Starting 22nd April

for 10 weeks

\$125.00



Mosaics Magic

This experienced Mosaics group meet each week and bring their own materials, share ideas and produce intricate and beautiful Mosaic pieces.

Tuesdays 11.00am - 12.30pm

Starting 21st April

for 10 weeks

\$3 per session



Mosaics Beginners Workshop

Discover the joy of mosaics in this hands-on beginner-friendly workshop. Guided by our experienced Mosaic Group leader, you'll learn the basics of design, tile placement, and finishing techniques while creating your own beautiful mosaic piece to take home.

A relaxed and creative session, perfect for anyone wanting to try something new and explore their artistic side – no experience needed.

Tuesdays 11.00am - 12.30pm

Starting 5th May

for 4 weeks

\$40.00



BYO Casual Craft Time

Do you enjoy knitting, crocheting working on craft projects? This self-run craft group enjoy working on their individual projects in the company of others. They exchange ideas, learn new skills and form friendships. If you enjoy crafting and want to share your crafting skills and ideas please bring along your current project and join us.

Thursdays 10.00am - 11.30am

Starting 23rd April
for 10 weeks
FREE



Boomerang Bags

Boomerang Bags is a grassroots, community driven movement tackling plastic pollution at its source. Join us on a weekly basis to make these sustainable bags and assorted household items that we can then donate on to local support organisations who would normally use plastic bags.

All materials will be supplied. Bring a sewing machine if you have one.

Tuesdays 10.00am - 12.00pm

Starting 21st April
for 10 weeks
FREE



Morning Melodies

Are you young at heart, looking for some company, or just want to enjoy a lovely morning out? Join us at Morning Melodies for a heartwarming performance filled with the songs you know and love!

Enjoy live entertainment, a cuppa, and a delicious fresh scone with jam and cream - all while making new friends along the way.

Book early to secure your spot! You won't want to miss this uplifting morning of music and connection.

Tuesday 12th May

10.30am - 11.45am
Joe Ozzimo's Elvis Tribute
\$7.00



Tuesday 9th June

10.30am - 11.45am
Heather Thorne
\$7.00



Tuesday 14th July

10.30am - 11.45am
Alex Matthews
\$7.00



Social & Support Groups

Men's Discussion Group

A relaxed and informal gathering for men. It's a group of blokes over 50 who meet for a coffee and a chat, discussing issues of interest and concern, with plenty of laughs. New men always welcome.

Tuesdays 9.30am - 11.30am

Starting 28th April, continuing every second and fourth Tuesday of the month
\$5.00 per session



Cuppa & Chat

Join our friendly and informal group for a weekly cuppa and chat. Keep up to date with the activities, groups and events at Balla Balla Community Centre. Form friendships and connections with local community members. All welcome.

Tuesdays 10.00am - 11.00am

Starting 21st April
for 10 weeks
FREE



Women's Social Circle

Join us for a relaxed and welcoming Women's Circle. A lovely opportunity to connect, unwind, and enjoy supportive conversation in a warm and friendly space.

Thursdays 1.30pm - 2.30pm

Starting 23rd April
for 10 weeks
Free



*Grow your social circle
at Balla Balla.*

Writing Group 'The Scribe Tribe'

Join a vibrant community of writers at all levels, ready to inspire and motivate you. You'll have the opportunity to share your work for open review and gain valuable feedback to enhance your writing skills.

Tuesdays 1.00pm - 3.00pm

Starting 21st April,
continuing every first and
third Tuesday of the month
\$4.00 per session



Community Services



The Power Saving Bonus Finishes 31st March!

Call 5990 0900 to make an appointment for us to assist you to claim your Power Saving Bonus.

Complimentary fresh fruit for members and visitors, thanks to our new Victorian Government Food Relief funding.

This operates on a 'take what you need' basis to support accessible, healthy food choices. More exciting programs coming soon.

Justice of the Peace Service

Monday to Friday 12.00pm - 3.00pm
and Tuesdays 12.00pm - 6.00pm

City of Casey Immunisation

A free service for children, adolescents and adults eligible for vaccines under the National Immunisation Program.

First Wednesday of the month
3.30pm - 7.30pm

Third Thursday of the month
9.30am - 1.00pm

Book online: casey.vic.gov.au/immunisation-dates-times

Vaccinations are free for those eligible.

For more information about immunisation contact City of Casey Customer Service on (03) 9705 5200, your Maternal & Child Health Nurse, or visit: www.casey.vic.gov.au/immunisation-dates-times



Balla Balla Community Centre E-Waste Bin

Easily dispose of your e-waste, such as tablets, phones and smart devices, loose cables, accessories and small tech, at our centre.



Other Programs

These programs are run at Balla Balla Community Centre by other groups. For further information or to book, please contact these groups directly.

Children & Youth

Ace Learners **Year 1 - 12** : Small group maths, science, english, NAPLAN tuition.
📅 Mondays, Thursdays, Fridays 📞 0433 993 592

Chess 6–Chess Classes **5-12 years** : Children's chess lessons will help improve confidence, imagination and critical thinking. End of term tournaments and Annual Awards Ceremony. 📅 Saturdays 2.30pm-4.30pm 📞 Vineetha 0430 666 727

KHSM Vrindavan Academy - Malayalam Language School: Your child will learn and explore the colourful traditions, stories and values of Hindu culture.
📅 Sundays 10am - 1pm ✉ admin@khs.org.au

Sparkz Tutoring **Prep - Grade 6** : Small class size. Improve reading, spelling, writing, numeracy, grammar, NAPLAN preparation and goal setting to advance your child.
📅 Saturdays 9.30am - 3.30pm 📞 Savi 0426 078 423

Studywise Learning Centre **Year 1 - 12** : Tutoring by qualified teachers. VCE subjects: Methods, Further, Specialist, Chem, Bio, Physics. 📅 Mondays 5.30pm - 8.30pm
📞 (03) 8774 7303 or 0430 095 076 ✉ studywise.learning@gmail.com

Community Services

Sterling Care: Sterling Care is a registered NDIS provider caring for participants with a disability from 7 - 65 years. 📅 Saturdays 📞 Sri 0433 044 853
✉ sri@sterlingcare.com.au

Umbrella Support: NDIS Programs for young adults. Communication, confidence building and stepping out of your comfort zone can open up the entire world!
✉ cindy@umbrellasupport.com.au 🌐 www.umbrellasupport.com.au

Education & Employment

Accredited First Aid Courses: Practical hands-on courses, set in an enjoyable and relaxed environment. 📅 Weekly, Thursday or Saturday 📞 (03) 9850 6665
✉ info@accreditedfirstaidcourses.com.au 🌐 www.accreditedfirstaidcourses.com.au.

CoAct Connect + BUSY Ability: Support for people with disability, injury, or illness to achieve employment goals. 📞 1800 761 561 ✉ info@busyability.org.au
🌐 www.busyability.org.au

Education & Employment

Mission Australia – Parent Pathways: Free, personalised support to help parents and carers build skills, access training or employment, connect with local services, and receive assistance with cost-of-living and essential supports. 📞 Vatsal Mehta 0491 147 262

Faith-Based Groups

Ahmadiyya Muslim Association: 📞 Ali Kalim 0424 844 113

Dinka Anglican Congregation of Casey: 📞 Samuel Maler 0469 810 844

Clyde Connect: 📞 Jezreel Locop 0452 511 204

Guruji Sangat SE Melbourne: 📞 0430 219 661

Dandenong Gospel - Friday Youth Sessions: 📞 Shejin Antony 0403 614 824

Rise Oasis Youth: 📞 0413 740 541

Noor Cultural and Education Centre: 📞 Saiful Azam 0432 438 217

The Wisdom Institute: 📞 Manzour Ashraf 0403 659 339

Health & Wellbeing

Folk Lovers Academy Bhangra Classes: Punjabi Folk Bhangra and Instruments classes for all age groups. 📅 Every Sunday 6.30pm - 7.30pm
📞 Sukhjinder Singh 0431 927 863

Illuminate Dance Studio: Family-friendly dance school offering ballet, hip-hop, for pre-schoolers and school aged children. 📅 Thursdays 4pm - 5pm, Fridays 4.30pm - 6pm
✉️ Eloise illuminatedancestudio@gmail.com

Social & Support Groups

Cranbourne Toastmasters Club: Build your self-confidence and learn public speaking skills with a very relaxed and supportive group. 📅 Second and fourth Wednesday of the month, 7pm - 10pm 📞 Sheldon 0430 051 919

Q-Lit Writing Group: A community of queer writers across Victoria connecting through in-person groups, bi-monthly online webinars with professional authors, and bickies. 📅 Second Wednesday of the month, 6.30pm - 8.30pm ✉️ hello@q-lit.com.au

Venue Hire

Supporting Clyde North's growing community, our multi-use spaces and amenities aim to provide a vibrant and inclusive hub that supports programs and services for all genders, ages and cultures.

We provide a number of options for venue hire, including meeting room hire and venue hire in Clyde North.

These spaces are available for community groups, community and government agencies and business use.

We do not hire space for private functions/parties eg; birthdays, weddings, engagements.



Sunday Morning Hire Available



We offer flexible room hire options—from large presentation spaces to private meeting rooms. Scan or click on the QR code for space details and to make an enquiry.

